

Reimagining collective day care for older people: 10 key findings

Day care includes lunch clubs and day centres, as well as other clubs and activities, for older people with care and support needs, that people can attend for a whole day or part of a day.



ANALYSIS OF NATIONAL DATA DEMONSTRATES THAT:



The number of people accessing day care services in England has decreased



Carers satisfaction with day care services has decreased

WHEN WE SPOKE TO OLDER PEOPLE, CARERS AND PEOPLE WORKING IN DAY CARE SERVICES, WE LEARNT THAT:



Older people value opportunities for connection and joy



Carers value the distinct support offered by collective day care



Diverse and purposeful activities are important



Small-scale, bespoke groups offer an important alternative



Working with community partners can enhance the variety and quality of activities offered



Partnerships with health can enhance the preventative role of day care



Potential key role for day care in local place-based partnerships



Collective day care is a vital option as part of the social care landscape

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Find more information about the study at:
reimaginedayservices.blogs.bristol.ac.uk